

Outpatient Services

For people who are unable or not wishing to attend for a full day in Day Therapy, our Out-patient facility, attached to the Day Hospice, enables patients to access medical review and various therapies by appointment.

OUT PATIENT SERVICES

Our **Out-patient facility** attached to the Day Hospice with a separate entrance enables us to offer the following therapies on an appointment basis:-

- Medical Review
- Physiotherapy
- Anxiety Management
- Aromatherapy
- Reflexology
- Lymphoedema Management
- Counselling

The [Lymphoedema clinic](#) operates on three days a week.

Referral criteria for Lymphoedema management is as follows:

- Aged 18 or over
- Diagnosed as having a life-threatening condition
- Diagnosed as having **Secondary** Lymphoedema
- Person wishes to attend and is able to travel to the clinic

Referrals to the out-patient lymphoedema service are welcome from GPs, Clinical Nurse Specialists and Hospital medical staff on completion of a referral form.

- Initial assessments are carried out at Woodlands out-patient unit.
- Ongoing monitoring of lymphoedema at Woodlands as required.
- Treatment is reviewed regularly and GPs and referrer informed of outcome.
- Referrer notified of discharge
- Re-referral if required.

Referrals for other therapies e.g Breathlessness management, Counselling, Acupuncture or other Complementary Therapies are received via the Day Therapy service and an appointment arranged.

A **Medical out-patient clinic** is held weekly.

A **Pain Clinic** is held weekly.