

Multi Professional Team

The Woodlands Multi-Professional Team Comprises: -

- Doctors
- Nurses
- Physiotherapists
- Occupational Therapists
- Complementary Therapists
- Family Support Worker
- Pastoral Support Worker
- Counsellor

Doctors - The Hospice has a Hospice Physician, specially trained in the control and management of pain and other symptoms. who is available for medical review. Whilst attending the Hospice, you will remain under the care of your GP, and the Hospice doctor will liaise with the GP and hospital doctors as necessary.

Nurses - Our experienced nurses can offer emotional support as well as nursing care and practical help. They will review your care at every visit and ensure that you are reviewed by the doctor if necessary.

Physiotherapists - Our Physiotherapists will assess your needs and suggest relevant treatments, which may include exercise programmes, pain control, acupuncture, breathlessness management ,advice on mobility and relevantequipment provision.

Occupational Therapists - Our Occupational Therapist will talk you to about your everyday activities and assess whether you need any equipment to make life easier at home, advise you on saving energy, teach you relaxation techniques. He may carry out a visit to your home to get a better idea as to what equipment you might need.

The Occupational Therapist also co-ordinates a programme of group activities within the Day Therapy unit.

Complementary Therapists - Complementary Therapies available at Woodlands include Aromatherapy, Reflexology and Reiki. Our Complementary Therapists will assess which therapy would be most beneficial for you and will offer you a number of weekly treatment sessions. Complementary therapies may be particularly beneficial to aid relaxation, encourage better sleep and can promote a feeling of general well-being.

Family Support Worker - Our Family Support Worker is a trained social worker and Play Therapist offers individual support to patients and their family members to help them in coping with the affects of serious illness.

Pastoral Support Worker - Our pastoral support worker offers spiritual and emotional support to people of all faith groups and people with no faith at all. The Hospice has its own small chapel/quiet room available for individual reflection.

Counsellor - Our counsellor is able to offer more formal counselling sessions to patients or carers who may have particular issues that they are having difficulty dealing with.

The Clinical Team is supported by an Administrative Officer and a team of trained Volunteers.

The Hospice Multi-professional team work together with other health professionals in the community –the GP, District Nurses, Clinical Nurse Specialists (Macmillan Nurses)- to ensure that patients and carers receive the best possible co-ordinated care.