



# Spiritual Care Offering Spiritual, Religious and Pastoral Support

## Feedback

We welcome feedback on our services so that we may learn from our experiences. If you wish to give feedback you can:

- Talk to a member of staff
- Fill in the Comments, Compliments & Complaints form on Reception
- Write in the box below and leave this part of the leaflet in Reception for the Family Support Team

Thank you

We aim to provide a safe environment to enable you to explore and express your feelings, or just to be still amidst all that may be happening to you or your loved one.

We can also offer more practical support from within the Family Support Team or external to Woodlands. Holy Communion and the sacraments are available from within the team and from the Hospital Chaplaincy Team.

Pastoral support is part of the Family Support Team and can be contacted on **0151 529 5352**

We also have access to the Hospital Chaplaincy Team **0151 529 3195**  
**0151 529 3191** R/C



Woodlands Hospice Charitable Trust,  
AUH Campus, Longmoor Lane, Liverpool L9 7LA  
Tel: 0151 529 2299  
[www.woodlandshospice.org](http://www.woodlandshospice.org) Charity No. 1048934



*'Peace does not mean  
to be in a place  
where there is no  
noise, trouble or  
hard work.  
It means to be in  
the midst of  
those things and  
still be calm in  
your heart'  
(unknown)*

# Spiritual Care



## Pastoral Support Service

Illness and a change in health can raise a lot of issues for you and those close to you. Spiritual care is about having someone to listen and help you to cope with whatever you may be going through.

The Pastoral Support Service offers support to anyone who would find it helpful in a non-judgemental way. It is not just for religious people.

Our person-centred approach aims to offer anything from a listening ear and general support to appropriate religious prayers and services.

## Quiet Room

A room for prayer or quiet reflection is situated to the rear of the Main Reception. You are welcome to sit, relax and enjoy the peace and calm of the room. You may want to listen to music or sit in silence.

There is the facility for your prayers, prayer intentions or thoughts to be left. The Pastoral Support Worker reads and offer prayers about these as part of the regular prayer time in the Hospice.



## Spirituality

All human beings have a spiritual aspect which enables us to live life with meaning and purpose. It is about living life in the present moment, in loving relationships with self, others, and something beyond, giving a sense of belonging, a connectedness.

When faced with challenging times, exploring your spirituality may help you to search for a source of hope and strength. We can be alongside you, where feelings, fears and hopes can be acknowledged, expressed and safely explored. You may also want to consider and explore questions of faith.